

ENTHUM HOUSE

Quarterly

July 2021 www.enthumfoundation.org

Want to make
a true difference
to a young
person's
life?

Volunteer your time and skills

Expect a rewarding experience and being part of a great team – if interested please contact:

lilian@enthumfoundation.org

Sponsoring a young person at Enthum House

We are excited to be able to plan some fun activities after the lockdowns. Here are some of our ideas if you are able to contribute:

Train tickets to London for 11 young people - £23 per person
London Eye £25 pp
Thames Cruise £13 pp
Kayaking experience day at Barcombe Mills £50 per person
Go-Ape Treetop experience in Crawley £34 pp
A pair of running shoes or football boots £80 pp
A programme of 6 individual English classes for a new young person arriving in the UK: £210

Thank you to our lovely regular monthly donators!

Please do give us your contact information. To set up regular donations via BACS, our bank details are:

Enthum Foundation

Sort code 20-36-16

Account 70618349

Or visit

<https://www.enthumfoundation.org/get-involved>

For more info on what your donation will provide contact
jo@enthumfoundation.org

Dear Friend of Enthum House,

It's our birthday! Three years ago we welcomed our first resident!

Since July 2018 we have given a home to 22 of the most vulnerable young people in our country and supported them towards independence - each one of them an inspiration to our and the wider community.

With an estimated 34 million unaccompanied children on the move seeking asylum globally, this might seem like a drop in a vast ocean of need.

Now with an even bigger, fantastic team across the two houses we are really seeing the huge benefit of growing our community. We are so proud to witness the life changing effect that the support that we are able to provide is also mirrored in the support our young people offer each other at Enthum and in their network of friends in the community.

Thanks to all your support along the way, we opened our second house this May. This means that our team can now support 14 young people at a time.

Our expansion also enables us to widen the work we do beyond the two houses, with more community work and initiatives. Ellen Carnie recently joined our team as our Outreach Support Worker – making weekly visits to other young people in East Sussex who live independently but still need some support. Other exciting new projects include training up young refugees and asylum seekers to become Enthum's own mentors; this pilot programme has been generously funded by the charity, 'Network for Social Change'. Other upcoming programmes include collaborations with Bede's school, Sussex and the Charleston Trust.

As we are celebrating our growing community, you have probably heard the Government published the 'Nationality and Borders Bill' last week. Many of these proposals are in contradiction to the principles of the Refugee Convention 1951.

Under this new legislation, arriving in the UK 'without permission' will become a new criminal offence; introducing longer maximum sentences and detention style camps for those entering the UK on boats and the back of lorries - as most of our young people are forced to do.

Please add your name to Safe Passage's letter to the Home Secretary:

[Sign our letter to Priti Patel today, demanding she amends the Bill to include new routes for child refugees and stops punishing children who are trying to reunite with their families.](#)

We feel privileged and inspired to walk alongside some of the young heroes of our times. Every day we learn from them about the strength of hope, dedication and resilience to bring about change.

With love from all of us at Enthum House

A 100 Mile Journey Home

Report from AI – Young Person at Enthum House:

James Aldred took the biggest decision in his life to run 100 miles - not for himself but for people he cares about.

We made a big banner saying “You have done what the voice cannot” and got up at 1am to meet James coming home after his long journey. On June 12th, he ran 21 hours from Winchester (over the South Downs Way) to Eastbourne. We were very excited and nervous for James and the other people running with him. We didn’t know them, but we could feel their tiredness. The surprise was that James was full of energy! He jumped up and down, calling us to run the last round together. His family was waiting for him and they were very happy to see us too.

He did very well and was very kind.

With the money he made we will go on a camping trip this summer.

Now I will run for Enthum House at the Brighton marathon.

James supported us, so we can do it too! I will not run 100miles but 10k, that’s enough.

I travelled here to survive, but James travelled to support people like me that travel from place to place. Hopefully one day we can do something good for him, like when James has children we can do something for them. Thank you James. Bless you!

Thank you to everyone who donated: James and his team raised £2912.47 for Enthum House! Absolutely amazing!

Enthum Running Club goes Brighton Marathon

Inspired by James’ race eight young people and team members are gearing up over the summer holidays to run 10k and the marathon on Sept 12th 2021! Watch this space for updates soon on how you can get involved and support us with fundraising and your presence on the day. We cannot walk alone!



Friday Morning Poem

Thank you for saying “yes”.

You show up, day-in-day-out, willing, available and present.

To see him, hear him. And be alongside him.

Supporting him to do the things he loves.

And with the things he doesn’t.

Having those challenging conversations.

And all of the small ones.

With him, about him, and on his behalf.

All of us together, guarding him, safely. Advocating strongly.

Asking him to pick-up his clothes from the bathroom floor.

Recording. Updating.

Collecting rice out of the sink.

When someone whispered to the wind and the stars, “who will take care of my child?” - alone and thousands of kilometres from home - you said: “I will”.

And together, we said: “we will”.

You have said “I will” to a job that can never be enough.

Because he is alone, thousands of kilometres from home, separated far too soon.

And you are here. We are here.

Willing to be present. To bear witness to his pain and his achievements, and all that lies between.

To pat him on the back and say “we’re so proud of you”.

And “we care about your future”.

“Thank you”.

L.H. (EH support worker)

Somalia Independence Day

Report from Young Person at Enthum House:

61 years ago, on 26th June, the Somali people celebrated the end of British colonisation of the north of the country and a few days later, on 1st July, the end of Italian colonisation of south Somalia.

There had been lots of conflict under colonisation, and many people were killed fighting for freedom.

On 1st July 1960 the people said: "We don't want to be colonised. We want freedom. Please get out". Somalia was unified, and the flag was raised. So this is a special national week for us.

The night before 1st July, everyone is waiting to celebrate, and there are fireworks from midnight.

The people celebrate by driving around in their cars with the flag, listening to music, making funny videos, and eating good food together. There are military parades and the soldiers salute the flag of Somalia.

Everyone knows about celebrating the independence, because their parents tell them when they are young. Everyone is celebrating - in the towns and cities, and in



villages like mine. And around the world – if you are a Somali person, this is your day!

This year I celebrated going to Eastbourne beach with people from Enthum House. We walked, ate ice cream, laughed, cooked nice dinner and one staff made cakes with my country's flag. It was a lovely day!

Young Leaders' Action outside Parliament



Report from AP (Former Enthum House resident)

Young Leaders from Hummingbirds, Safe Passage and Kent Refugee Action Network (KRAN) wrote a letter asking for child refugees to have safe passage to England; which with the new immigration rules will be very difficult. They gave it to MP Tim Loughton on June 24th who promised to take it to the Home Secretary. It was a massive move and project for young refugees to reach UK Government. It was inspiring to watch how good support can result in these bright, creative and skilled young people coming together, with whatever English level they have, to write a formal, touching and effective letter, during Covid, to the Prime Minister!

It was nice to see them shine, have their voices heard. Their speeches were emotional and God, from the bottom of their hearts, and their handwritten written banner raised attention to the surrounding. Very proud to see young people I have seen years ago, having developed this much in their personality. The bravery and pride was felt in the air, on that rainy day. It's so inspiring to watch young people take action for what they believe in and think is right.

Virtual Tea – Zooming The World One Cup At A Time

Zoom interview series with today's change makers about the 'Bigger Picture'



No 2: With P.M. – former Enthum House resident and mentor.

Looking at our world, what gives you hope?

I have hope because I have a good life now. Many people I meet in England are good humans. For example the staff at Enthum House help asylum seekers and are very nice. I wish more people can be like that. Now I have my papers, I am allowed to work in this country and earn my money. I now help people who just arrived in the UK. I travel to London, Hastings, East Croydon, Manchester and everywhere to meet them. I eat with them, give donations and talk with them. I paid for a hostel for a night so someone could sleep. I can do that now. If everyone helps someone and gives something to someone, it gives me hope in this world.

What have you learnt from your greatest challenges?

Life is very difficult if you have nothing coming to England. You think about your home, you lost everything, your family, your life and your country. If you lost everything, you have to trust

yourself. But if you lose yourself you cannot do that. I have found myself having many problems. I have found my heart! A lot of things are in my heart - like helping people and looking after them. Everyone is human, nobody is different. We are all the same. Now I know that.

If you could gift humanity one superpower, what would it be?

I would give to people freedom. Some people live like slaves in some countries. Freedom is the most important thing, because everyone is human. And I hope one day everyone is free.

Thank you too to the Trusts and Foundations who have enabled our expansion and development and supported our work this year:

The Casey Trust, The Sussex Community Foundation, Susila Dharma Britain, Susila Dharma France, Susila Dharma Netherlands, City of Sanctuary, Eastbourne College, Henry Smith Charity, Swan Mountain Trust, DD McPhail, Percy Bilton, The Network for Social Change and The Breslaff Centre.